

	Monday 04 Dec	Tuesday 05 Dec		Thursday 07 Dec	Friday 08 Dec
First course	Butternut soup ●	Cherry tomato		celery root soup with chives ●	Creamed soup spinach ●
Main dish	Turkey fillet, Brussels sprouts, potatoes	Cantonese Rice (Egg - peas - soya) ● ●		Meatballs, tomato sauce with vegetables, fries ● ● ●	Salmon fillet, lemon sauce, broccoli, wheat semolina ● ● ● ● ●
Vegetarian option	Quorn escalope, Brussels sprouts, potatoes ●			Falafel, tomato sauce with vegetables, fries ● ● ●	Quinoa burger, lemon sauce, broccoli, wheat semolina ● ● ● ● ●
Dessert	Fruit	Vanilla pudding ● ● ●		Fruit	Chocolate mousse ● ● ●
	Monday 11 Dec	Tuesday 12 Dec		Thursday 14 Dec	Friday 15 Dec
First course	Leek soup ●	Vermicelli soup ● ●		Cauliflower cream soup ● ●	Pea soup ●
Main dish	Macaroni gratin with mushrooms, red beans and carrots ● ●	Florentine saithe fillet, mashed potatoes ● ● ● ●		Hungarian goulash, rice ● ●	Sausage, red cabbage with apples, hash browns ●
Vegetarian option		Florentine lentil gratin, mashed potatoes ●		Goat cheese and honey toast, salad ● ●	Vegetarian sausage, red cabbage with apples, hash browns ● ● ●
Dessert	Fruit	Yoghourt with fruits ●		Fruit	Rice pudding ● ●
	Monday 18 Dec	Tuesday 19 Dec		Thursday 21 Dec	
First course	Broccoli cream soup ● ●	Tomato soup ●		Broccoli cream soup ● ●	Milk ● Mustard
Main dish	Vegetable pizza (tomato, olive, zucchini) ● ●	Meatloaf, cream salsify, watercress purée ● ● ●		Vegetable pizza (tomato, olive, zucchini) ● ●	● Shellfish ● Sesame seeds ● Lupine
Dessert	Fruit			Fruit	● Mollusks ● Peanuts ● Gluten
	CHRISTMAS MENU FOR KINDERGARTEN AND PRIMARY SCHOOLS			CHRISTMAS MENU FOR SECONDARY SCHOOLS	
First course	Minestrone ●			Minestrone ●	● Eggs ● Nuts
Main dish	Turkey steak, pepper sauce (reds fruit sauce for MA&PR) , stewed vegetable mix and potato croquettes ● ● ●			Turkey steak, pepper sauce (reds fruit sauce for MA&PR) , stewed vegetable mix and potato croquettes ● ● ●	● Celery ● Sulphites
Vegetarian option	Quorn escalope, pepper sauce (reds fruit sauce for MA&PR) , stewed vegetable mix and potato croquettes ● ● ● ●			Quorn escalope, pepper sauce (reds fruit sauce for MA&PR) , stewed vegetable mix and potato croquettes ● ● ● ●	● Soy ● Fish
Dessert	Dame Blanche ● ● ● ●			Dame Blanche ● ● ● ●	